He's one of the top dermatologists in the nation. He lectures at medical conferences, works on Hollywood stars before they hit the red carpet and you can catch him musing on VH-1's "Fabulous Life Of..." as the go-to guy for film and TV stars eager to stay young and gorgeous after 40. And if you think winter is the time to put the sunscreen away, he's the one who'll tell you you're sorely mistaken.

Dr. Cameron Rokhsar is a Harvard University graduate who got his medical training at the New York University of Medicine. He was later Chief Resident at the Albert Einstein College of Medicine and received training in laser and dermatologic surgery. In addition to his current practices in Manhattan and Garden City, he teaches resident physicians at Mount Sinai School of Medicine in New York City and is also the primary author of several chapters in major textbooks.

Today, Dr. Rokhsar is on a mission to warn of the dangers of sun damage to the skin. "I've worked on some fabulous stars in Hollywood in preparation for the MTV Movie Awards and saw some great skin," he says. "I was impressed because many of these celebrities are also California beach girls who spend a lot of time in the sun, yet they show no sun damage."

What was their secret? It was nothing new to Dr. Rokhsar. He's been preaching it for years. Vigilant protection against the sun's rays is the best defense everyone can take against the visible signs

In addition to being the go-to dermatologist for many A-listers, Dr. Cameron Rokhsar has also pioneered the use of Radiesse for the non-surgical nose job, and the use of Restylane for the non-surgical eyelift.